Guest Speaker on Air

We were extremely privileged to have a visit from Parent Teen Coach, Debbie Bushell, who conducted a very informative and helpful on air session, “Raising Resilient Kids”, for our parents and Home Tutors.

She had some great ideas to build resilience and self esteem in children. In your mail this week are Debbie’s handouts with lots of useful information and tips. Have a look at her great website: www.parentteen.com.au

CSOTA would like to sincerely thank Debbie and also St Hilda’s Anglican School for Girls and Aquinas College for sponsoring Debbie’s visit to Carnarvon.

NAIDOC WEEK

NAIDOC stands for the National Aboriginal and Islander Day Observance Committee. Its origins can be traced to the emergence of Aboriginal groups in the 1920s which sought to increase awareness in the wider community of the status and treatment of Indigenous Australians. Today, NAIDOC is a celebration of Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions of Indigenous Australians in various fields. Activities take place across the nation during NAIDOC Week from July 5th to 12th. All Australians are encouraged to participate.

Theme for 2009

The theme for NAIDOC Week in 2009 is Honouring Our Elders, Nurturing Our Youth. The theme encourages our communities to acknowledge the status of our Elders as leaders and role models for our youth.